What Shall I Be? Career exploration for parents and students

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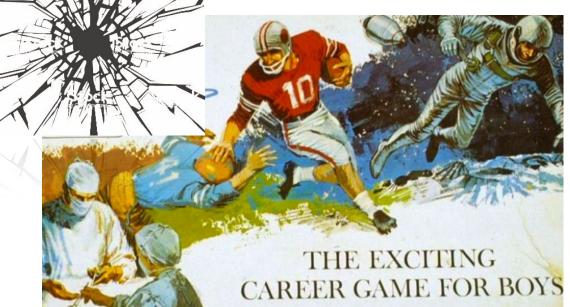


SHATTER STEREOTYPES

PROMOTE EXPLORATION

ENCOURAGE INTERESTS

TRY THE CAREER FIRST



Career exploration

- Ask often: What do you think you would like to be someday?
- Find ways to explore: interview someone, spend a day with a professional, ask your librarian for books, look into classes.
- Focus on strengths, natural talents, what they already know how to do.
 Are they good with numbers? Managing money? Animals? Plants?
 Talkative? Take things apart or building? Cooking? Strong
 relationships with elders?
- Develop employability skills- typing, computer skills, phone skills, dealing with money, dependability skills- setting alarms, being on time
- What do area schools offer? Summer classes- pre-college online courses at nearly all colleges and universities.

Exploration

Elementary school booklist

https://thecolorfulapple.com/2019/10/career-exploration-books-kids/

Career Ideas Challenge - middle school

https://www.brightfuturespress.com/career-ideas-challenge/

Education Planner.org Career Clusters Activity - middle school

https://www.monroe2boces.org/MSCareerExploration.aspx

Entering high school- 9th grade and up, NJCAN

https://portal.njcis.intocareers.org/

Let's explore: Education Planner.org (middle school)

http://www.educationplanner.org/index.html

Find Careers - complete 7 activities

Preparing for School

Paying for School

Self-Assessments

NJCAN Checklist - FOLLOW THIS ORDER & SAVE ANSWERS

- 1. NO LOGIN method: Click on **NJ Resident**. Select town and enter zip code. You can click in the ad box on the right to use the Spanish language version of the website.
- 2. Get Started +
- 3. Begin with **Assessments** rate interests, create a career plan, see what is right for you. **Do Career cluster inventory**, **Interest profiler** (long-180 questions or short-60 questions form).
- 4. Explore Occupation Matches answer questions about yourself
- 5. Learn about Occupations and Employment Options
- 6. Do Occupation Sort select and prioritize factors
- 7. Find **Training Programs** and **Education** identify your interest areas
- 8. Explore **Programs of Study**
- 9. **Create a list of schools**/colleges/universities
- 10. Learn about financial aid, paying for school, and NJ Scholarships

Let's explore: NJCAN (high school)

https://portal.njcis.intocareers.org/

Check with your school's guidance counselor to see if your district has an account,

Otherwise you can log in without an account as NJ Resident.

You will need to take screenshots of the results. You can save them in a Googledoc.

